

# Autism Understanding & Strategies

(for carers)



The session covers:

- A brief history of autism
- The four areas of difference for those on the autism spectrum
  - Communication
  - Social skills
  - Thought processes
  - Sensory differences
- Strategies for managing children/young people on the autism spectrum in my home
  - Language & Communication
  - Structure & routines
  - Social skills
  - Managing behaviour

Benefits

- ✓ Foster carers will be more skilled to care for children/young people on the autism spectrum.
- ✓ Children/young people on the spectrum placed with foster carers will have better care.
- ✓ Risk of placement breakdown will be reduced.
- ✓ Foster carers will feel better supported by your organisation.

Who is this course for?

- ✓ Care workers
- ✓ Support workers
- ✓ Foster carers
- ✓ People who support foster carers (e.g. adult family members, close friends)
- ✓ Staff who support foster carers

Length

Depending on the depth required this can be one hour, two hour or half day session.

Training Costs

- Half day                   £345
- 1.5 hour session       £245

Booking / More Information

Email: [director@9000lives.org](mailto:director@9000lives.org)

Call: 0788 42 42 719

